

# 2023

# The City of Cohoes

# SUMMER SPORTS ACADEMY

This is a FREE program for Cohoes children ages 7-13.  
 Monday-Friday 9am-12pm  
 at Lansing Park  
 Lunch at Cohoes Middle School Cafeteria at 11:30AM  
 July 5th-August 18th



Week 1	SOCCKER	Wednesday, July 5th – Friday, July 7th	At Lansing Park 9am-12pm
Week 2	FOOTBALL	Monday, July 10th – Friday, July 14th	At Lansing Park 9am-12pm
Week 3	SOFTBALL/BASEBALL	Monday, July 17th - Friday, July 21st	At Lansing Park 9am-12pm
Week 4	MISC. SPORTS	Monday, July 24th - Friday, July 28th	At Lansing Park 9am-12pm
Week 5	BASKETBALL	Monday, July 31st - Friday, August 4th	At Lansing Park 9am-12pm
Week 6	LACROSSE	Monday, August 7th - Friday, August 11th	At Lansing Park 9am-12pm
Week 7	VOLLEYBALL	Monday, August 14th - Friday, August 18th	At Lansing Park 9am-12pm

Bring registration forms to the Mayor's Office or email to [klabombard@ci.cohoes.ny.us](mailto:klabombard@ci.cohoes.ny.us)

Return to the RECREATION DEPARTMENT - COHOES CITY HALL -  
OR return to instructor first day of event

CHILD'S NAME: \_\_\_\_\_ AGE: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

PARENT'S NAME \_\_\_\_\_ TELEPHONE #: \_\_\_\_\_

CHECK WEEKS ATTENDING:  Week 1 Soccer July 5th-7th  Week 5 Basketball July 31st- August 4th  
 Week 2 Football July 10th-14th  Week 6 Lacrosse August 7th-11th  
**2023**  Week 3 Softball/Baseball July 17th-21st  Week 7 Volleyball August 14th-18th  
 Week 4 Misc. Sports Week July 24th-28th

I/we as parents or guardians assume all risks incidental to such participation in the SPORTS ACADEMY CLINICS and I/we do hereby waive, release, absolve the organizers, sponsors, supervisors, from any claim arising out of injury to my/our son/daughter. Participants may be subject to disciplinary action, up to and including suspension from the sports academy, when they engage in the following prohibited conduct, such as: disorderly conduct, insubordination, disruptive or violent, conduct, endangering the safety, moral, health or welfare of others including intimidation, bullying, harassment, vulgar or offensive language, drugs, tobacco products and electronic smoking devices.

\_\_\_\_\_  
 PARENT OR GUARDIAN SIGNATURE

\_\_\_\_\_  
 DATE